CAR-T Cell Therapy Discussion Guide

What should I ask my child's care team?



Deciding on a treatment or therapy option can be daunting. Start a conversation with your child's care team by asking questions that you may have about CAR-T cell therapy. By doing so, you can learn more about the options available, and make a more informed decision when considering the next steps. You may also encourage your child to write a short summary on how the treatment journey has been to help prepare them for the visit.

Begin by describing your child's treatment history so that they can discuss or refer you or your loved one to the best treatment option.

Note: This discussion guide is intended for parents with children (aged 0 to 11 years old).

TREATMENT JOURNEY

- Diagnosis history:
- My child's previous cancer treatments (if any) include:
- The length of my child's cancer treatment journey:
- The impact of cancer on the overall life of my child and family:
- Other health conditions my child has (if any):

Next, you may consider asking the following questions across different treatment stages to help you decide if CAR-T cell therapy is right for your child.

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DIAGNOSIS AND TREATMENT OPTIONS

- Given my child's treatment history, is CAR-T cell therapy an option?
- What factors need to be considered if my child is a right candidate for CAR-T?
- If CAR-T is not an option for my child now, what other treatments can we look into? Can we still consider CAR-T in the future?
- What are the options for preserving healthy T-cells early, in case they are needed at a later time?

— Discussion notes –

PREPARATION

- How does my child prepare for CAR-T cell therapy and what considerations do we need to keep in mind?
- Will my child need to receive a form of chemotherapy or other treatments (i.e., bridging therapy) before CAR-T can be administered?
- Do we have to stay in the hospital post-treatment? How much time should we plan to take off from school/ work before and after treatment?
- What support is available to us throughout the treatment?

— Discussion notes

POST-TREATMENT

- What are the side effects we should take into account and how will those be managed?
- How will I know my child's treatment is working?
- After returning home, how quickly can my child get back to their daily routines?
- What support is available to us after the treatment?

Discussion notes